



City of Rochester Senior Meal Program Menu

Quad: NORTHEAST NEIGHBORHOOD SERVICE CENTER

Overview: The City of Rochester has provided funding with local partners Goodwill of the Finger Lakes, 211/ LIFE LINE (211LL) Program & 25 local restaurants to help seniors 60 and older & live in the City of Rochester with barriers access culturally appropriate and nutritious meals from January 2021 – April 2021.

211LL is facilitating meal registration and coordination with restaurants for the meal prep and delivery. Seniors will be able to sign up for up to 3 meals a week over a period of one month's worth of meal deliveries (12 meals per month) by calling 2-1-1 or (585) 275-5151. Menus can be found on 211lifeline.org homepage.

If you encounter an issue with your meal, please reach out to the restaurant directly, if you are unable to reach the restaurant you can report your issue with 211LL.

Please Note that 211LL will be experiencing high call volumes due to the demand of this resource, to avoid waiting on hold you can follow the prompts on 211LL Phone system to opt into a call back option to receive a call back from 211LL (caller ID will read "1"). We appreciate your patience.

- DELIVERY TIMES -

Lunch Hours: 11:30 A.M. -1:30 P.M.

Dinner Hours: 4:00 P.M. -6:00 P.M.

Borinquen Bakery- Serving Monday, Tuesday, Wednesday, and Friday

Lunch Option #1: Baked Chicken w/ BBQ, Yellow Rice, Salad, Side of Fruit Salad, and Bottled Water

Dinner Option #2: Baked Pork, Yellow Rice, Baked Chicken, Salad, Fruit Salad, and Bottled Water

Subject to Change Based on Meal Availability



City of Rochester Senior Meal Program Menu

Quad: NORTHEAST NEIGHBORHOOD SERVICE CENTER

El Pilon- Serving Tuesday, Wednesday, and Thursday

Lunch Option #1: Yellow Rice w/ Beans Baked
Chicken and Salad

Lunch Option #2: White Rice w/ Beans, Stewed
Pork and Salad

Nin's Jamaican- Monday, Thursday, and Saturday

Lunch Option #1: Brown Stew Chicken, Rice & Peas, Steamed Cabbage,
Plantains

Lunch Option #2: Jerk Chicken, Rice & Peas, Steamed Cabbage,
Plantains

Dinner Option #1: Ox Tails, Rice & Peas, Steamed Cabbage,
Plantains

Dinner Option #2: Fish, Rice w/ Peas, Cabbage and Plantains

Tricia's Kitchen- Serving Tuesday and Thursday

Lunch Option #1: Chicken, Rice and Beans, Mac-n-Cheese,
Potato Salad

Dinner Option #1: Pork, Rice and Beans, Mac-n-Cheese,
Yams

Subject to Change Based on Meal Availability



City of Rochester Senior Meal Program Menu

Quad: NORTHEAST NEIGHBORHOOD SERVICE CENTER

Munchies - Serving Monday, Tuesday, Wednesday, and Friday

- Lunch Option #1:** Pulled Pork, Spanish Rice and Beans, Salad
- Lunch Option #2:** 2 Chicken Empanadas, Spanish Rice and Beans, Salad
- Dinner Option #1:** Pepper Chicken, Spanish Rice and Beans, Salad
- Dinner Option #2:** 2 Beef Empanadas, Spanish Rice and Beans, Salad

Lorraine's - Serving Tuesday, Thursday, and Saturday

- Lunch Option #1:** Sandwich (Chicken, Bacon on Cheddar Roll), Pasta Salad, Cookie and Chips
- Lunch Option #2:** Cuban Wrap, Cookies and Chips, Pasta Salad
- Dinner Option #1:** Chicken French, Mashed Potatoes, Salad, fresh Vegetables, Roll w/ Butter
- Dinner Option #2:** Penne Chicken Alfredo, Salad, Roll w/ Butter

Subject to Change Based on Meal Availability