



City of Rochester Senior Meal Program

Quad: NORTHWEST NEIGHBORHOOD SERVICE CENTER

Overview: The City of Rochester has provided funding with local partners Goodwill of the Finger Lakes, 211/ LIFE LINE (211LL) Program & 25 local restaurants to help seniors 60 and older & live in the City of Rochester with barriers access culturally appropriate and nutritious meals from January 2021 – April 2021.

211LL is facilitating meal registration and coordination with restaurants for the meal prep and delivery. Seniors will be able to sign up for up to 3 meals a week over a period of one month's worth of meal deliveries (12 meals per month) by calling 2-1-1 or (585) 275-5151. Menus can be found on 211lifeline.org homepage.

If you encounter an issue with your meal, please reach out to the restaurant directly, if you are unable to reach the restaurant you can report your issue with 211LL.

Please Note that 211LL will be experiencing high call volumes due to the demand of this resource, to avoid waiting on hold you can follow the prompts on 211LL Phone system to opt into a call back option to receive a call back from 211LL (caller ID will read "1"). We appreciate your patience.

-DELIVERY TIMES-

Lunch Hours: 11:30 AM -1:30 P.M.

Dinner Hours: 4:00 P.M -6:00 P.M.

809 Sports Bar - *Serving Wednesday and Thursday*

Dinner Option #1: Baked Chicken w/ White Rice & Beans, Sweet/ Green Plantains, & Salad

Dinner Option #2: Fried Pork w/ Yellow Rice, Sweet/Green Plantains & Salad

Subject to Change Based on Meal Availability

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Taste of the Bahamas – *Serving Sunday, Monday and Tuesday*

Lunch Option #1: Fried Fish w/ Rice & Peas, Macaroni & Cheese, Steamed Cabbage, & a Roll

Lunch Option #2: Baked Chicken w/ Tossed Salad, Macaroni & Cheese, & a Roll

Dinner Option #1: Pepper Steak w/ Macaroni & Cheese, Steamed Cabbage & a Roll

Dinner Option #2: Baked Chicken w/ Rice & Peas, Macaroni & Cheese, Tossed Salad & a Roll

Tropix Eatery, Lounge/Event Center – *Serving Tuesday, Thursday, Friday, and Saturday*

Lunch Option #1: Sancocho Chicken w/ White Rice, Bread & Water

Lunch Option #2: Chicken Breast w/ White Sauce, Yellow Rice, Bread, Green Salad & Water

Dinner Option #1: Rice & Chicken /chunks w/ Pinto Beans, Bread, Green Salad, & Water

Dinner Option #2: Shrimp Asopao w/ Tostones & Water

El Divino – *Serving Monday, Tuesday, and Thursday*

Lunch Option #1: Baked Chicken w/ Yellow Rice, Red Beans & Sweet Plantain

Lunch Option #2: Stewed Pork w/ Cuban Dirty Rice, Red Beans, & Sweet Plantain

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El Divino – *Serving Monday, Tuesday, and Thursday*

Dinner Option #1: Pepper Steak w/ White Rice, Red Beans & Sweet Plantain

Dinner Option #2: Fried Fish w/ Yellow Rice, Red Beans, Sweet Plantain, & Salad

Wilshire Wholesale LLC. – *Serving Tuesday, Wednesday, Friday, and Saturday*

Lunch Option #1: Ziti Meatballs w/ Green Beans & Applesauce

Lunch Option #2: Pulled Pork Sandwich w/ Coleslaw, Baked Beans & Applesauce

Kandi's - *Serving Monday, Wednesday, Thursday, and Saturday*

Lunch Option #1: Haddock Fried Fish w/ Mac Salad & Fries

Lunch Option #2: Baked Chicken w/ Vegetables, Spanish rice, & Cornbread

Dinner Option #1: Meatloaf w/ Mashed Potatoes & Mixed Vegetables

Dinner Option #2: Rib Dinner w/ Baked Beans, Mixed Vegetables, & Cornbread

Lakeside Haven - *Serving Monday, Wednesday, and Friday*

Lunch Option #1: Tuna Sandwich on Wheat w/ Mac Salad & Fresh Fruit

Lunch Option #2: Turkey & Swiss Sandwich on Wheat w/ Potato Salad & Jello

Dinner Option #1: Goulash w/ Salad, a Dinner Roll, & Sugar Free Pudding

Dinner Option #2: Chicken over Biscuits w/ Salad, a Dinner Roll & Sugar Free Pudding

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