



## City of Rochester Senior Meal Program Menu

2022

Quad: NORTHWEST NEIGHBORHOOD SERVICE CENTER

**Overview: The City of Rochester has provided funding with local partners Goodwill of the Finger Lakes, 211/ LIFE LINE (211LL) Program & 27 local restaurants to help seniors 55 and older & live in the City of Rochester with barriers to access culturally appropriate and nutritious meals from April 2022 – March 2023.**

**The following one of three qualifiers for the program must be met:**

1. **Live in a qualified census tract.**
2. **Live in an income specific housing.**
3. **An active recipient of any of the following:**
  4. o Medicaid
  5. o Temporary Assistance for Needy Families (TANF)
  6. o Supplemental Nutrition Assistance Program (SNAP)
  7. o Medicare Part D Low-income Subsidies
  8. o Supplemental Security Income (SSI)
  9. o Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)
  10. o Section 8 Vouchers
  11. o Low-Income Home Energy Assistance Program (LIHEAP)

211LL is facilitating meal registration and coordination with restaurants for the meal prep and delivery. Seniors will be able to sign up for up to 3 meals a week over a period of one month's worth of meal deliveries (12 meals per month) by calling 2-1-1 or (585) 275-5151. Menus can be found on [211lifeline.org](http://211lifeline.org) homepage.

*If you encounter an issue with your meal*, please reach out to the restaurant directly with the number listed.

**Please Note** that 211LL will be experiencing high call volumes due to the demand of this resource. To avoid waiting on hold you can follow the prompts on the 211LL Phone system and opt into a call back option to receive a call back from 211LL (caller ID will read "275-5151"). We appreciate your patience.

*Subject to Change Based on Meal Availability*



## **DELIVERY TIMES**

**Lunch Hours:** 11:30 A.M. -1:30 P.M.

**Dinner Hours:** 4:00 P.M. -6:00 P.M.

### **Taste of the Bahamas** – Serving Monday, Tuesday, Thursday

Contact: 585-270-4889

**Lunch Option #1:** Chicken wrap, salad, fresh fruit

**Dinner Option #2:** Pepper steak, mac & cheese, rice with peas, cabbage

### **Lakeside Haven Family Diner** – Serving Monday, Wednesday, Friday

Contact: 585-406-6168

**Lunch Option #1:** Stuffed shells, green bean, sugar-free pudding

**Dinner Option #2:** Turkey meatloaf, baked potato, glazed carrots, fruit cup

### **Kandis's Bar & Restaurant** – Serving Sunday, Monday, Tuesday

Contact: 585-413-0830

**Lunch Option #1:** Baked pork chop with cabbage and rice

**Dinner Option #2:** Meatloaf with mashed potatoes & corn

### **Wilshire Wholesale, LLC** – Serving Monday, Tuesday, Saturday

Contact: 585-254-5765

**Lunch Option #1:** Ziti, meatballs with sauce, green beans, apple sauce

**Lunch Option #2:** Pulled pork on a roll, bbq baked beans, mac & cheese, cabbage

### **Passchies Bar & Grill** – Serving Wednesday, Thursday, Saturday

Contact: 585-576-6324

**Lunch Option #1:** Oxtails, rice w/ beans, green bananas, mac & cheese, cabbage

**Dinner Option #2:** Beef roti & chicken roti with rice & beans, green bananas, mac & cheese, cabbage

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**Jose Joe's – Serving Wednesday, Friday, Saturday**

Contact: 585-978-7271

**Lunch Option #1:** Fiesta Salad: nacho crusted chicken, salad of field greens w/ honey lime vinaigrette; chips & pico, chocolate chip cookie dough burrito

**Dinner Option #2:** Burrito bowl w/ marinated chicken, black beans, rice, lettuce, tomatoes & pico; chips w/ nacho cheese, chocolate chip cookie dough burrito