



City of Rochester Senior Meal Program Menu

2022

Quad: SOUTHEAST NEIGHBORHOOD SERVICE CENTER

Overview: The City of Rochester has provided funding with local partners Goodwill of the Finger Lakes, 211/ LIFE LINE (211LL) Program & 29 local restaurants to help seniors 55 and older & who live in the City of Rochester with barriers to access culturally appropriate and nutritious meals from April 17, 2023 – October 17, 2023.

The following one of three qualifiers for the program must be met:

- 1. Live in a qualified census tract. Link: _____**
- 2. Live in income-specific housing.**
- 3. An active recipient of any of the following:**

- o Medicaid
- o Temporary Assistance for Needy Families (TANF)
- o Supplemental Nutrition Assistance Program (SNAP)
- o Medicare Part D Low-income Subsidies
- o Supplemental Security Income (SSI)
- o Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)
- o Section 8 Vouchers
- o Low-Income Home Energy Assistance Program (LIHEAP)

211LL facilitates meal registration and coordination with restaurants for meal prep and delivery. Seniors can sign up for up to 3 meals a week for one month's worth of meal deliveries (12 meals per month) by calling 2-1-1 or (585) 275-5151. Menus can be found on the 211lifeline.org homepage.

If you encounter an issue with your meal, please contact the restaurant at the number listed.

Please Note that 211LL will be experiencing high call volumes due to the demand for this resource. To avoid waiting on hold, you can follow the prompts on the 211LL Phone system and opt into a callback option to receive a call back from 211LL (caller ID will read "275-5151"). We appreciate your patience.

Subject to Change Based on Meal Availability



DELIVERY TIMES

Lunch Hours: 11:30 A.M. - 1:30 P.M.

Dinner Hours: 4:00 P.M. - 6:00 P.M.

Addis Ababa – Serving Tuesday, Wednesday, and Friday

Contact: 585-244-0073

Lunch Option #1: Chickpea stew, 3-beef sambusa, rice, salad

Dinner Option #2: Chicken strips w/ onions & veggies, rice, salad

Gregorio's – Serving Monday, Tuesday, and Thursday

Contact: 585-520-4559

Lunch Option #1: Grilled chicken w/ lettuce, tomato, cheese, side of steamed veggies, chocolate chip cookies

Dinner Option #2: 8 oz pasta with 2 meatballs, small garden salad, garlic bread

Marty's on Park – Serving Thursday, Friday, and Saturday

Contact: 585-434-3292

Lunch Option #1: Chicken parm sandwich w/ side of ziti, marinara sauce

Dinner Option #2: 2-Piece BBQ chicken dinner, coleslaw & cornbread

India House – Serving Tuesday, Wednesday, and Saturday

Contact: 585-315-9190

Lunch Option #1: Chicken Makhani (chicken in butter, cream, tomato, ginger, garlic, cashews), side of the day, basmati rice, naan bread

Dinner Option #2: Chicken Tikka Masala (chicken pieces baked in creamy tomato sauce, onions, green peppers), the side dish of the day, basmati rice, naan bread

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Neno's – Serving Monday, Thursday, and Friday

Contact: 585-978-7210

Lunch Option #1: Chicken w/ cheese empanadas (Mexican rice & beans), side of salsa, sweet aioli

Dinner Option #2: Carne Frita: deep fried pork chunks marinated in Mexican spices; rice, black beans, side of rice