Overview: The City of Rochester has provided funding with local partners Goodwill of the Finger Lakes, 211/ LIFE LINE (211LL) Program & 29 local restaurants to help seniors 55 and older & who live in the City of Rochester with barriers to access culturally appropriate and nutritious meals from April 17, 2023 – October 17, 2023.

The following one of three qualifiers for the program must be met:

1. Live in a qualified census tract. Link: _________________
2. Live in income-specific housing.
3. An active recipient of any of the following:
   o Medicaid
   o Temporary Assistance for Needy Families (TANF)
   o Supplemental Nutrition Assistance Program (SNAP)
   o Medicare Part D Low-income Subsidies
   o Supplemental Security Income (SSI)
   o Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)
   o Section 8 Vouchers
   o Low-Income Home Energy Assistance Program (LIHEAP)

211LL facilitates meal registration and coordination with restaurants for meal prep and delivery. Seniors can sign up for up to 3 meals a week for one month’s worth of meal deliveries (12 meals per month) by calling 2-1-1 or (585) 275-5151. Menus can be found on the 211lifeline.org homepage.

If you encounter an issue with your meal, please contact the restaurant at the number listed. Please Note that 211LL will be experiencing high call volumes due to the demand for this resource. To avoid waiting on hold, you can follow the prompts on the 211LL Phone system and opt into a callback option to receive a call back from 211LL (caller ID will read “275-5151”). We appreciate your patience.
**DELIVERY TIMES**

**Lunch Hours:** 11:30 A.M. - 1:30 P.M.
**Dinner Hours:** 4:00 P.M. - 6:00 P.M.

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**D & L Tropical** — Serving Monday, Thursday, and Saturday
Contact: 585-436-0460
Lunch Option #1: Famous chicken soup with beef patty
Dinner Option #2: Curry chicken with rice, peas & cabbage

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**Morgan’s Cereal Bar** — Serving Friday, Saturday, and Sunday
Contact: 585-434-2014
Lunch Option #1: Grits, scrambled eggs, turkey sausage, wheat toast, and applesauce
Lunch Option #2: Pulled grilled chicken with peppers and onions, BBQ sauce on the side, waffle with syrup & applesauce

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**Hayaat Markets** — Serving Friday, Saturday, and Sunday
Contact: 816-616-0065
Lunch Option #1: Spaghetti w/ steak
Dinner Option #2: Tilapia fish fillet with fries and vegetable soup

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**The Arnett Café** — Serving Monday, Tuesday, and Wednesday
Contact: 585-775-4109
Dinner Option #1: Baked chicken, rice, and veggies
Dinner Option #2: Goulash, salad, garlic bread

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**D’Mangu** — Serving Monday, Friday, and Saturday
Contact: 585-470-9809
Lunch Option #1: Stewed chicken, veggies, yellow rice, and beans
Dinner Option #2: Baked pork, veggies, yellow rice, and beans

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**Side Bar** — Serving Tuesday, Wednesday, and Thursday
Contact: 585-454-2477
Lunch Option #1: 3 Jerk chicken tacos with lettuce, salsa, sour cream & a side of jerk sauce
Dinner Option #2: Jerk chicken with mac salad and a roll

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*Subject to Change Based on Meal Availability*
Ludwig’s Center Stage Café – Serving Monday, Wednesday, and Friday
Contact: 585-454-4440
Lunch Option #1: Grilled chicken sandwich on a bakery bun, lettuce & ranch dressing, pasta salad
Dinner Option #2: Grilled, roasted pork loin/ham/Swiss cheese/pickles/ mustard on a baked hoagie, black beans, rice

Subject to Change Based on Meal Availability